



## INDIAN SCHOOL AL WADI AL KABIR

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|-----------------|-----------------------------------------------------------|----------------------------------------|
| Class: VI       | Department: ENGLISH                                       | Date of Submission:<br>AUGUST 2026     |
| WORKSHEET NO:12 | Topic:<br><b>SPICES THAT HEAL US</b><br><b>ANSWER KEY</b> | Note: To be written in<br>the Notebook |

### TO BE WRITTEN IN THE NOTEBOOK:

#### 1. Read the given lines and answer the following questions:

*'When I was a child, I learnt them from my grandmother. She used to find cures for most of the weather-related common illnesses in the kitchen.'*

(a) Where exactly in the kitchen did her grandmother find the cures?

**Ans: Her grandmother found the cures in the spice box and her jars in the kitchen.**

(b) Give one example of weather-related common illnesses.

**Ans: Cough and cold.**

(c) What kind of relationship did the speaker have with her grandmother?

**Ans: The speaker shared a deep and loving relationship with her grandmother, filled with warmth and trust.**

2. Why did Daadi ask Vikram and Vaibhavi to share the natural cures with their friends?

**Ans: Daadi asked Vikram and Vaibhavi to share the natural cures with their friends to help others benefit from these remedies and to pass on the traditional knowledge of healing.**

3. What was Daadi's final advice to Vikram and Vaibhavi?

**Ans: Daadi's final advice to Vikram and Vaibhavi was to always consult an elder before using natural cures to ensure safety and proper use.**

4. How do we know that natural cures are passed from one generation to another?

**Ans: We know that natural cures are passed from one generation to another as the speaker learned these remedies from her grandmother, who is now encouraging her grandchildren to learn and share them.**

5. Why do you think we should know about the healing properties of spices?

**Ans: We should know about the healing properties of spices because they provide natural and effective remedies for various health issues and help in maintaining overall well-being.**



**ANSWER THE FOLLOWING QUESTION IN DETAIL:**

Q1. Why do you think Daadi encourages Vikram and Vaibhavi to share the natural remedies with their friends?

**Ans:** Daadi encourages Vikram and Vaibhavi to share natural remedies so that others can benefit from simple, effective, and affordable ways to stay healthy. By sharing this knowledge, people can help one another and preserve valuable traditional wisdom. Her advice highlights the importance of passing practical knowledge from one generation to another so that future generations can continue to benefit from nature's gifts for maintaining good health.

**ACTIVITY:**

You have read the uses of spices in the letter. Take an A4 size paper (in landscape layout), draw/stick images. Complete the following table, you may use the words from the box given below:

**Part of the plant:** root/ bark/ leaves/ flower buds/ fruit/ seeds

**Texture** : rough/ soft/ silky

**Taste** : bitter/ sweet/ sour/ salty/ spicy

| SPICE                                                                               | NAME         | PART OF THE PLANT | COLOUR | TEXTURE | TASTE  |
|-------------------------------------------------------------------------------------|--------------|-------------------|--------|---------|--------|
|  | TURMERIC     | ROOT              | YELLOW | ROUGH   | BITTER |
|  | FENUGREEK    | SEED              | BROWN  | ROUGH   | BITTER |
|  | CINNAMON     | BARK              | BROWN  | ROUGH   | SPICY  |
|  | CLOVE        | FLOWER BUDS       | BROWN  | ROUGH   | SPICY  |
|  | BLACK PEPPER | FRUIT             | BLACK  | ROUGH   | SPICY  |
|  | CARDAMOM     | SEEDS             | GREEN  | SOFT    | SWEET  |

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